

# The Ellenville Farmers' Market

## Welcomes

# “OPERATION FRONTLINE”

*A fun, free 6-week cooking class  
where you will learn to make healthy, low cost recipes.  
You'll learn about good nutrition, too!*

## For kids ages 8-12

### FREE OF CHARGE!



- Free course book & recipes
- Classes are taught by a professional Chef and a Nutritionist
- Each week you will **COOK AND EAT A RECIPE** and learn about healthy eating!
- Operation Frontline cooking classes run from Sunday, July 11<sup>th</sup> - August 15<sup>th</sup>
- 11:00am-1:00pm, at Ellenville Farmers' Market Market & Center Streets.

**(PLEASE PLAN ON ATTENDING ALL 6 CLASSES!)**

**To sign up please call Asha at (845)532-4905**

**Operation Frontline is a program of Share Our Strength, funded in part by ConAgra Foods, and brought to the Hudson Valley by The Queens Galley!**



